

SUMMER LADY BEARS 2021

LACROSSE CAMPS

Welcome to the *LADY BEARS LACROSSE CAMPS!* We are committed to providing a strong, sound, & fun lacrosse experience based on the fundamentals and mechanics of the women's game. Our camp will focus on drills that build and strengthen players at all levels. There will be a strong emphasis on stick work, offense and defense concepts, and team drills to help elevate the player's game.

Due to field space and staffing, each camp will have a maximum number of players. . .so please register early!

Please direct any questions, comments, or concerns to Coach Pinta:
ualaxgal@gmail.com

Director

Wendy Pinta—Coach Pinta will be assisted by additional UA coaches, current UAHHS players, and college players.



Camps and Dates

Camps are designed for instruction by current, or 20-21' school year grade levels. Please follow your grade level and do not register at a higher or lower level. Some camps have registration caps so please register ASAP.

Lil' Cranksters (Girls K-2nd Grade)

- Monday, June 14th-Thursday, June 17th
- Burbank Park: 6:30-7:30 pm
- Cost: \$80
- This camp will build on the fundamentals of the game. We will focus on skills and drills, but also have a lot of fun! Don't worry if you are new to the game, the camp is designed to meet the needs of players at all skill levels. Campers will need a stick, mouth guard, goggles, and a water bottle.

Bear Cubs (Girls 3rd-4th Grade)

- Monday, June 14th-Thursday, June 17th
- Tremont Turf Field: 9:00 am-10:30 am
- Cost: \$100
- This camp will build on the fundamentals of the game. We focus on advanced stickwork and small-sided skills. Campers will need a stick, mouth guard, goggles, and a water bottle.

Middle Bears (Girls 5th-8th Grade)

- Monday, June 14th-Thursday, June 17th
- Tremont Turf Field: 10:30 am-12:30 pm
- Cost: \$125
- This camp will build on the fundamentals of the game needed at the next level of play. We focus on advanced stickwork and team play including positional skills: goal-tending, offense, defense, & midfield. Campers will need a stick, mouth guard, goggles, and a water bottle.

This activity is not sponsored by the Upper Arlington City School District



Registration closes Sunday, June 13th

Camp Registration

To enroll to go www.uala.info >>Login (create an account if you do not have one)>>Dashboard >>Summer Lady Bears 2021>>Register by player's current 20-21 grade***

***Note: All participants must have a current USL membership (youth membership) to enroll in LBL Camps. Visit www.usalacrosse.com to complete your USL registration before enrolling in the LBL Camp. All registration fees are non-refundable.

THE SUMMER LADY BEARS 2021 LACROSSE CAMPS



Coach Pinta
www.ualacrosse.org