

LADY BEARS LACROSSE CAMPS

Welcome to the *LADY BEARS LACROSSE CAMPS!* We are committed to providing a strong, sound, & fun lacrosse experience based on the fundamentals and mechanics of the women's game. Our camps will focus on drills that build and strengthen players at all levels. There will be a strong emphasis on stick work, offense and defense concepts, and team drills to help elevate the player's game.

Due to field space and staffing, each camp will have a maximum number of players. . .so please register early!

Please direct any questions, comments, or concerns to Coach Pinta:
ualaxgal@gmail.com



Directors

Wendy Pinta—Head Coach UAHS
Sue Stimmel—Associate Head Coach UAHS

The Lady Bears Lacrosse Camp directors have over 30 years of coaching experience. Coach Pinta & Coach Stimmel will be assisted by additional UA coaches, current UAHS players, and college players.

This activity is not sponsored by the Upper Arlington City School District

Camps and Dates

Camps are designed for instruction by current, or '16-'17 school year grade levels. Please follow your grade level and do not register at a higher level. A limited amount of "loaner" equipment is available.

Little Laxers (Boys & Girls Pre-school) NEW!!

- Wednesday, June 7th-Friday, June 9th
- Tremont Fields 6:00-7:00 pm
- \$50 per camper
- This camp is designed for preschool boys & girls 3-5 years old. The camp is designed to introduce lacrosse in a way that is physically, cognitively, and socially appropriate for the young athlete. All equipment will be provided. Campers should bring a water bottle.

Cranksters (K-2nd)

- Wednesday, June 7th-Friday, June 9th
- Tremont Fields 6:00-7:30 pm
- \$70 per camper
- This camp will be entirely non-contact. A softer ball will be used. The camp is loaded with fun drills for the beginner. Protective equipment is not required. Campers must have a stick and water bottle.

Bear Cubs (3rd-4th)

- Wednesday, June 7th-Friday, June 9th
- Tremont Fields 9:00-11:00 am
- \$85 per camper
- This camp will build on the fundamentals of the game. We will focus on skills and drills, but also have a lot of fun! Don't worry if you are new to the game, the camp is designed to meet the needs of players at all skill levels. Campers will need a stick, mouth guard, goggles, and a water bottle.

Middle Bears (5th-7th)

- Wednesday, June 7th-Friday, June 9th
- Tremont Fields 9:00 am-11:30 pm
- \$115 per camper
- This camp will build on the fundamentals of the game needed for the middle school level as well as positional skills: offensive, defensive, & midfield. Campers will need a stick, mouth guard, goggles, and a water bottle.

Team Camp (8th-11th)

- Monday, July 17th-Thursday, July 20th
- Visit <http://www.ohiostatebuckeyes.com/camps/w-lacros-camp-summer-team.html> to register

Registration due by Monday, May 29th

Camp Application

To enroll, fill in all required information on BOTH sides of this application and mail to: Wendy Pinta c/o LBL Camp, 3057 Herrick Rd., Columbus, OH 43221. Parent or Guardian must sign and initial as indicated on the form before registration is complete. You will receive a confirmation email.

Camper Name (Last, First)

Address

City, State, Zip

Home Phone

Emergency Phone

Cell Phone #1

Cell Phone #2

'16-'17 Grade Level

Camp Name

Shirt Size (Youth Small-Adult XL)

Parent(s)/Guardian(s) Name (Last, First)

Insurance Company

Policy Number

Email Address (Please print carefully ☺)

School You Will Attend Next Year (if applicable)

Insurance & Waiver Form

Please Print Participant's Name (Last, First)

Please Print Guardian's Name (Last, First)

Emergency Medical Treatment Authorization

I (we) being the legal guardian(s) of the participant, authorize the Lady Bears Lacrosse Camps, its staff, directors, or agents to request medical treatment as may be deemed reasonable by the Lady Bears Lacrosse Camp to insure the well being of the Participant. I (we) have attached a written statement detailing all physical limitations, medications, allergies and/or medical conditions that be required and helpful in providing medical attention for the Participant.

_____The Participant has had a satisfactory physical within the last year (initial).

_____The Participant has permission to participate in the Lady Bears Lacrosse Camp (initial).

Signature of Guardian(s)

Waiver and Release

I (we) the undersigned, for ourselves, our heirs, executors, and administrators; waive, release, hold, harmless, indemnify, and forever discharge the Lady Bears Lacrosse Camps, its staff, directors, agents, representatives, employees, successors, and assigns from, any and all liability, claims, judgments, demands or damages arising out or in connections with bodily injuries, sustained by the participating during her participation in the Lady Bears Lacrosse Camps regardless of the nature or cause of such injuries.

By signing below, I (we) certify that the Participant is physically fit and capable of playing lacrosse; and, that I (we) have full and absolute authority to grant permission on behalf of the Participant. I (we) also understand that the Lady Bears Lacrosse Camp is not a function of the Upper Arlington City Schools.

Signature(s) of Guardian(s)

**THE LADY LACROSSE
BEARS**



**Head Coach UAHS
Wendy Pinta**



**Executive Head Coach UAHS
Sue Stimmel**



**THE 2017
LADY BEARS
LACROSSE
CAMPS**



www.ualacrosse.org