

## LADY BEARS LACROSSE CAMPS

Welcome to the *LADY BEARS LACROSSE CAMPS!* We are committed to providing a strong, sound, & fun lacrosse experience based on the fundamentals and mechanics of the women's game. Our camp will focus on drills that build and strengthen players at all levels. There will be a strong emphasis on stick work, offense and defense concepts, and team drills to help elevate the player's game.

Due to field space and staffing, each camp will have a maximum number of players. . .so please register early!

Please direct any questions, comments, or concerns to Coach Pinta:  
ualaxgal@gmail.com



### Directors

**Wendy Pinta—Head Coach UAHS**  
**Sue Stimmel—Associate Head Coach UAHS**

The Lady Bears Lacrosse Camp directors each have over 20 years of coaching experience. Coach Pinta & Coach Stimmel will be assisted by additional UA coaches, current UAHS players, and college players.

## Camps and Dates

Camps are designed for instruction by **current, or '17-'18 school year** grade levels. Please follow your grade level and do not register at a higher level. A limited amount of "loaner" equipment is available.

Please let us know if you need equipment.

### **Little Cranksters (pre-K through 2<sup>nd</sup> grade)**

- Monday, June 25<sup>th</sup>-Wednesday, June 27<sup>th</sup>
- Marv Stadium: 6:00-7:15 pm
- Cost \$50
- This camp will be entirely non-contact. A softer ball will be used. The camp is loaded with fun drills for the beginner. Protective equipment is not required. K-2 campers must have a stick and water bottle. (Pre-K players will be provided "soft" stick.)

### **Bear Cubs (3<sup>rd</sup> through 4<sup>th</sup> grade)**

- Monday, June 25<sup>th</sup>-Wednesday, June 27<sup>th</sup>
- Marv Stadium: 6:00—7:45 pm
- Cost: \$75
- This camp will build on the fundamentals of the game. We will focus on skills and drills, but also have a lot of fun! Don't worry if you are new to the game, the camp is designed to meet the needs of players at all skill levels. Campers will need a stick, mouth guard, goggles, and a water bottle.

### **Middle Bears (5<sup>th</sup> through 7<sup>th</sup> grade)**

- Monday, June 25<sup>th</sup>-Wednesday, June 27<sup>th</sup>
- Marv Stadium: 9:00—11:30 am
- Cost: \$120
- This camp will build on the fundamentals of the game needed at the next level of play. We focus on advanced stickwork as well as positional skills: offense, defense, & midfield. Campers will need a stick, mouth guard, goggles, and a water bottle.

### **Team Camp (8<sup>th</sup>-11<sup>th</sup> grade)**

- Monday, July 16<sup>th</sup>-Thursday, July 19<sup>th</sup>
- This camp is conducted by the staff at The Ohio State University. Registration and payment is made through their website:  
<http://www.ohiostatebuckeyes.com/camps/w-lacros-camp.html>

## **Return Registration by Friday, May 25<sup>th</sup>**

### **Camp Registration**

To enroll, fill in all required information on BOTH sides of this application and mail to: Wendy Pinta c/o LBL Camp, 3057 Herrick Rd., Columbus, OH 43221. Parent or Guardian must sign and initial as indicated on the form before registration is complete. You will receive a confirmation email by 6/1/18. Registration fees are non-refundable.

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Camper Name (Last, First)

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Address

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City, State, Zip

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Parent/Guardian Name

Cell Phone

---

Emergency Contact Name

Cell Phone

---

'17-'18 Grade Level/Age (if Pre-K)

Camp Name

---

Shirt Size (Youth XS-XL and Adult XS-L)

---

Insurance Company

Policy Number

---

Policy Holder's Name

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Email Address (Please print carefully ☺)

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I will need loaner equipment:    Stick        Goggles

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Circle the item(s) needed

Insurance & Waiver Form

\_\_\_\_\_  
Please Print Participant's Name (Last, First)

\_\_\_\_\_  
Please Print Guardian's Name (Last, First)

Emergency Medical Treatment Authorization

I (we) being the legal guardian(s) of the participant, authorize the Lady Bears Lacrosse Camps, its staff, directors, or agents to request medical treatment as may be deemed reasonable by the Lady Bears Lacrosse Camp to insure the well being of the Participant. I (we) have attached a written statement detailing all physical limitations, medications, allergies and/or medical conditions that be required and helpful in providing medical attention for the Participant.

\_\_\_\_\_The Participant has had a satisfactory physical within the last year (initial).

\_\_\_\_\_The Participant has permission to participate in the Lady Bears Lacrosse Camp (initial).

\_\_\_\_\_  
Signature of Guardian(s)

Waiver and Release

I (we) the undersigned, for ourselves, our heirs, executors, and administrators; waive, release, hold, harmless, indemnify, and forever discharge the Lady Bears Lacrosse Camps, its staff, directors, agents, representatives, employees, successors, and assigns from, any and all liability, claims, judgments, demands or damages arising out or in connections with bodily injuries, sustained by the participating during her participation in the Lady Bears Lacrosse Camps regardless of the nature or cause of such injuries.

By signing below, I (we) certify that the Participant is physically fit and capable of playing lacrosse; and, that I (we) have full and absolute authority to grant permission on behalf of the Participant. I (we) also understand that the Lady Bears Lacrosse Camp is not a function of the Upper Arlington City Schools.

\_\_\_\_\_  
Signature(s) of Guardian(s)

**THE LADY LACROSSE  
BEARS**



**Head Coach UAHS  
Wendy Pinta**



**Associate Head Coach UAHS  
Sue Stimmel**



*This activity is not sponsored by the Upper  
Arlington City School District*

**THE 2018  
LADY BEARS  
LACROSSE  
CAMPS**



[www.ualacrosse.org](http://www.ualacrosse.org)